



# 26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

## Detailed evaluation

**Greiner-Mai, Daniel**

Club: Auengrund

Number: 213

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:37:22

Speed: 12.32 km/h

Running performance: 4:52 min/km

Rank in course/Total: 119 (of 552)

Rank in course/Men: 110 (of 405)

Best time in course: 1:13:54

Rank in category: 16(of 59)

Best time in the category: 1:15:34

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	50:28	5:02	19	11:11	123	11:54	10.00	50:28	5:02	19	11:11	123	11:54
Finish	10.00	46:54	4:41	15	10:37	104	11:34	20.00	1:37:22	4:52	16	21:48	110	23:28