



26. Rennsteig Herbstlauf  
Masserberg / 02.10.2016

Detailed evaluation

Föt, Joachim

Club: LTV Erfurt  
Number: 10265

Course: 10.00 km  
10km Strecke

Category:  
Senioren M65 (65-69 Jahre)

Total time: 1:07:33

Speed: 8.88 km/h  
Running performance: 6:46 min/km

Rank in course/Total: 151 (of 205)

Rank in course/Men: 95 (of 105)

Best time in course: 37:55

Rank in category: 7(of 7)

Best time in the category: 52:19