



## 26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

### Detailed evaluation

Schott, Alexander

Club: WSV Scheibe Alsbach

Number: 139

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:38:07

Speed: 12.23 km/h

Running performance: 4:55 min/km

Rank in course/Total: 129 (of 552)

Rank in course/Men: 119 (of 405)

Best time in course: 1:13:54

Rank in category: 28(of 61)

Best time in the category: 1:15:59

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	49:19	4:55	26	9:44	103	10:45	10.00	49:19	4:55	26	9:44	103	10:45
Finish	10.00	48:48	4:52	31	12:24	130	13:28	20.00	1:38:07	4:54	28	22:08	119	24:13