



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Lipfert, Robby

Club: Ilmenau

Number: 422

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:38:29

Speed: 12.18 km/h

Running performance: 4:55 min/km

Rank in course/Total: 131 (of 552)

Rank in course/Men: 122 (of 405)

Best time in course: 1:13:54

Rank in category: 9(of 51)

Best time in the category: 1:18:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	51:00	5:05	10	10:48	134	12:26	10.00	51:00	5:05	10	10:48	134	12:26
Finish	10.00	47:29	4:44	9	8:48	112	12:09	20.00	1:38:29	4:55	9	19:36	122	24:35