



# 26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

## Detailed evaluation

**Fiedler, Silvio**

Club: Lauffreund.de

Number: 224

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:39:42

Speed: 12.04 km/h

Running performance: 4:59 min/km

Rank in course/Total: 140 (of 552)

Rank in course/Men: 130 (of 405)

Best time in course: 1:13:54

Rank in category: 20(of 76)

Best time in the category: 1:22:39

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	50:09	5:00	17	7:41	117	11:35	10.00	50:09	5:00	17	7:41	117	11:35
Finish	10.00	49:33	4:57	24	9:41	147	14:13	20.00	1:39:42	4:59	20	17:03	130	25:48