



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Hildebrandt, Jens

Club: LAV Halensia e.V.

Number: 522

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:40:34

Speed: 11.93 km/h

Running performance: 5:02 min/km

Rank in course/Total: 148 (of 552)

Rank in course/Men: 137 (of 405)

Best time in course: 1:13:54

Rank in category: 23(of 59)

Best time in the category: 1:15:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	52:53	5:17	27	13:36	178	14:19	10.00	52:53	5:17	27	13:36	178	14:19
Finish	10.00	47:41	4:46	16	11:24	116	12:21	20.00	1:40:34	5:01	23	25:00	137	26:40