



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Hellmuthhäuser, Robin

Club: Genulasch

Number: 475

Course: 20.00 km

20km Strecke

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 1:41:08

Speed: 11.87 km/h

Running performance: 5:04 min/km

Rank in course/Total: 156 (of 552)

Rank in course/Men: 144 (of 405)

Best time in course: 1:13:54

Rank in category: 4(of 6)

Best time in the category: 1:29:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	50:46	5:04	4	5:14	126	12:12	10.00	50:46	5:04	4	5:14	126	12:12
Finish	10.00	50:22	5:02	4	7:08	173	15:02	20.00	1:41:08	5:03	4	11:43	144	27:14