



## 26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

### Detailed evaluation

**Knobloch, Thomas**

Club: Bergtheim

Number: 461

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:41:40

Speed: 11.80 km/h

Running performance: 5:05 min/km

Rank in course/Total: 162 (of 552)

Rank in course/Men: 149 (of 405)

Best time in course: 1:13:54

Rank in category: 32(of 61)

Best time in the category: 1:15:59

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	52:12	5:13	36	12:37	167	13:38	10.00	52:12	5:13	36	12:37	167	13:38
Finish	10.00	49:28	4:56	34	13:04	141	14:08	20.00	1:41:40	5:05	32	25:41	149	27:46