



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

von Imhoff, Anja

Club: TV 1848 Coburg

Number: 158

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:42:19

Speed: 11.73 km/h

Running performance: 5:07 min/km

Rank in course/Total: 174 (of 552)

Rank in course/Women: 14 (of 147)

Best time in course: 1:23:47

Rank in category: 2(of 33)

Best time in the category: 1:31:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	53:05	5:18	3	6:49	16	10:11	10.00	53:05	5:18	3	6:49	16	10:11
Finish	10.00	49:14	4:55	2	3:41	13	8:23	20.00	1:42:19	5:06	2	10:30	14	18:32