



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Kühner, Fred

Club: Schleusingen

Number: 241

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:42:07

Speed: 11.75 km/h

Running performance: 5:07 min/km

Rank in course/Total: 170 (of 552)

Rank in course/Men: 157 (of 405)

Best time in course: 1:13:54

Rank in category: 14(of 51)

Best time in the category: 1:18:53

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	51:18	5:07	12	11:06	143	12:44	10.00	51:18	5:07	12	11:06	143	12:44
Finish	10.00	50:49	5:04	16	12:08	185	15:29	20.00	1:42:07	5:06	14	23:14	157	28:13