



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Kramer, Bärbel

Club: TSV 1860 Römhild

Number: 420

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:42:51

Speed: 11.67 km/h

Running performance: 5:08 min/km

Rank in course/Total: 183 (of 552)

Rank in course/Women: 16 (of 147)

Best time in course: 1:23:47

Rank in category: 1(of 16)

Best time in the category: 1:42:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	52:13	5:13	1	-	14	9:19	10.00	52:13	5:13	1	-	14	9:19
Finish	10.00	50:38	5:03	3	1:46	19	9:47	20.00	1:42:51	5:08	1	-	16	19:04