



# 26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

## Detailed evaluation

### Buchspieß, Mike

Club: Paradiesläufer Jena

Number: 184

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:42:52

Speed: 11.67 km/h

Running performance: 5:08 min/km

Rank in course/Total: 185 (of 552)

Rank in course/Men: 169 (of 405)

Best time in course: 1:13:54

Rank in category: 16(of 51)

Best time in the category: 1:18:53

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	52:38	5:15	16	12:26	174	14:04	10.00	52:38	5:15	16	12:26	174	14:04
Finish	10.00	50:14	5:01	13	11:33	168	14:54	20.00	1:42:52	5:08	16	23:59	169	28:58