



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Baumeyer, Jörg

Club: TSV 1860 Römhild

Number: 517

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:42:51

Speed: 11.67 km/h

Running performance: 5:08 min/km

Rank in course/Total: 184 (of 552)

Rank in course/Men: 168 (of 405)

Best time in course: 1:13:54

Rank in category: 27(of 59)

Best time in the category: 1:15:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	51:52	5:11	24	12:35	161	13:18	10.00	51:52	5:11	24	12:35	161	13:18
Finish	10.00	50:59	5:05	31	14:42	187	15:39	20.00	1:42:51	5:08	27	27:17	168	28:57