



## 26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

### Detailed evaluation

**Blöss, Michael**

Club: LG Kornhochheim

Number: 113

Course: 20.00 km

20km Strecke

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:43:38

Speed: 11.58 km/h

Running performance: 5:11 min/km

Rank in course/Total: 192 (of 552)

Rank in course/Men: 175 (of 405)

Best time in course: 1:13:54

Rank in category: 6(of 28)

Best time in the category: 1:23:45

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	51:43	5:10	5	8:28	151	13:09	10.00	51:43	5:10	5	8:28	151	13:09
Finish	10.00	51:55	5:11	7	11:25	204	16:35	20.00	1:43:38	5:10	6	19:53	175	29:44