



## 26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

### Detailed evaluation

**Kosuch, Dieter**

Club: Finanz Informatik

Number: 117

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:44:10

Speed: 11.52 km/h

Running performance: 5:13 min/km

Rank in course/Total: 202 (of 552)

Rank in course/Men: 184 (of 405)

Best time in course: 1:13:54

Rank in category: 17(of 51)

Best time in the category: 1:18:53

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	53:09	5:18	18	12:57	186	14:35	10.00	53:09	5:18	18	12:57	186	14:35
Finish	10.00	51:01	5:06	17	12:20	188	15:41	20.00	1:44:10	5:12	17	25:17	184	30:16