



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Fleischhauer, Jens

Club: SV Bergdorf Höhn

Number: 520

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:18:53

Speed: 15.21 km/h

Running performance: 3:56 min/km

Rank in course/Total: 7 (of 552)

Rank in course/Men: 7 (of 405)

Best time in course: 1:13:54

Rank in category: 1(of 51)

Best time in the category: 1:18:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	40:12	4:01	1	-	6	1:38	10.00	40:12	4:01	1	-	6	1:38
Finish	10.00	38:41	3:52	1	-	7	3:21	20.00	1:18:53	3:56	1	-	7	4:59