



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Janoschek, Andre

Club: Halle/Saale

Number: 457

Course: 20.00 km

20km Strecke

Category:

Männer (20-29 Jahre)

Total time: 1:45:24

Speed: 11.39 km/h

Running performance: 5:16 min/km

Rank in course/Total: 214 (of 552)

Rank in course/Men: 194 (of 405)

Best time in course: 1:13:54

Rank in category: 22(of 34)

Best time in the category: 1:13:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	51:45	5:10	20	13:11	154	13:11	10.00	51:45	5:10	20	13:11	154	13:11
Finish	10.00	53:39	5:21	28	18:19	236	18:19	20.00	1:45:24	5:16	22	31:30	194	31:30