



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Schallus, Manuel

Club: Berlin
Number: 274

Course: 20.00 km
20km Strecke

Category:
Männer (20-29 Jahre)

Total time: 1:46:07

Speed: 11.31 km/h
Running performance: 5:19 min/km

Rank in course/Total: 221 (of 552)

Rank in course/Men: 200 (of 405)

Best time in course: 1:13:54

Rank in category: 23(of 34)

Best time in the category: 1:13:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	52:52	5:17	23	14:18	176	14:18	10.00	52:52	5:17	23	14:18	176	14:18
Finish	10.00	53:15	5:19	27	17:55	225	17:55	20.00	1:46:07	5:18	23	32:13	200	32:13