



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Schmidt, Christoph

Club: Suhl

Number: 19

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:46:23

Speed: 11.28 km/h

Running performance: 5:19 min/km

Rank in course/Total: 223 (of 552)

Rank in course/Men: 202 (of 405)

Best time in course: 1:13:54

Rank in category: 42(of 61)

Best time in the category: 1:15:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	55:35	5:33	49	16:00	241	17:01	10.00	55:35	5:33	49	16:00	241	17:01
Finish	10.00	50:48	5:04	39	14:24	184	15:28	20.00	1:46:23	5:19	42	30:24	202	32:29