



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Thym, Benjamin

Club: WSV Scheibe Alsbach

Number: 648

Course: 20.00 km

20km Strecke

Category:

Männer (20-29 Jahre)

Total time: 1:46:44

Speed: 11.24 km/h

Running performance: 5:20 min/km

Rank in course/Total: 229 (of 552)

Rank in course/Men: 206 (of 405)

Best time in course: 1:13:54

Rank in category: 24(of 34)

Best time in the category: 1:13:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
10 km	10.00	52:09	5:12	22	13:35	165	13:35	10.00	52:09	5:12	22	13:35	165	13:35
Finish	10.00	54:35	5:27	29	19:15	256	19:15	20.00	1:46:44	5:20	24	32:50	206	32:50