



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Markert, Michael

Club: Leipzig

Number: 294

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:47:28

Speed: 11.17 km/h

Running performance: 5:22 min/km

Rank in course/Total: 242 (of 552)

Rank in course/Men: 217 (of 405)

Best time in course: 1:13:54

Rank in category: 21(of 51)

Best time in the category: 1:18:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	55:15	5:31	22	15:03	224	16:41	10.00	55:15	5:31	22	15:03	224	16:41
Finish	10.00	52:13	5:13	22	13:32	210	16:53	20.00	1:47:28	5:22	21	28:35	217	33:34