



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Markert, Michael

Club: Leipzig

Number: 294

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:47:28

Speed: 11.17 km/h

Running performance: 5:22 min/km

Rank in course/Total: 242 (of 552)

Rank in course/Men: 217 (of 405)

Best time in course: 1:13:54

Rank in category: 21(of 51)

Best time in the category: 1:18:53

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| 10 km | 10.00 | 55:15 | 5:31 | 22 | 15:03 | 224 | 16:41 | 10.00 | 55:15 | 5:31 | 22 | 15:03 | 224 | 16:41 |
| Finish | 10.00 | 52:13 | 5:13 | 22 | 13:32 | 210 | 16:53 | 20.00 | 1:47:28 | 5:22 | 21 | 28:35 | 217 | 33:34 |