



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Rösler, Mario

Club: Haflingerzucht Nonn

Number: 296

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:47:57

Speed: 11.12 km/h

Running performance: 5:24 min/km

Rank in course/Total: 247 (of 552)

Rank in course/Men: 221 (of 405)

Best time in course: 1:13:54

Rank in category: 35(of 59)

Best time in the category: 1:15:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	54:25	5:26	34	15:08	208	15:51	10.00	54:25	5:26	34	15:08	208	15:51
Finish	10.00	53:32	5:21	36	17:15	231	18:12	20.00	1:47:57	5:23	35	32:23	221	34:03