



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Ott, Norman

Club: Basel

Number: 273

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:48:29

Speed: 11.06 km/h

Running performance: 5:25 min/km

Rank in course/Total: 255 (of 552)

Rank in course/Men: 229 (of 405)

Best time in course: 1:13:54

Rank in category: 45(of 61)

Best time in the category: 1:15:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
10 km	10.00	56:11	5:37	53	16:36	251	17:37	10.00	56:11	5:37	53	16:36	251	17:37
Finish	10.00	52:18	5:13	42	15:54	212	16:58	20.00	1:48:29	5:25	45	32:30	229	34:35