



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Flemming, Fabian

Club: Erfurt
Number: 453

Course: 20.00 km
20km Strecke

Category:
Männer (20-29 Jahre)

Total time: 1:47:23

Speed: 11.17 km/h
Running performance: 5:22 min/km

Rank in course/Total: 241 (of 552)

Rank in course/Men: 215 (of 405)

Best time in course: 1:13:54

Rank in category: 25(of 34)

Best time in the category: 1:13:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
10 km	10.00	56:37	5:39	27	18:03	262	18:03	10.00	56:37	5:39	27	18:03	262	18:03
Finish	10.00	50:46	5:04	22	15:26	182	15:26	20.00	1:47:23	5:22	25	33:29	215	33:29