



# 26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

## Detailed evaluation

**Vetter, Jens**

Club: Laufrausch Rudolstadt

Number: 332

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:48:30

Speed: 11.06 km/h

Running performance: 5:25 min/km

Rank in course/Total: 256 (of 552)

Rank in course/Men: 230 (of 405)

Best time in course: 1:13:54

Rank in category: 39(of 76)

Best time in the category: 1:22:39

### Intermediate times

### Stage score

### Total ranking

| Control | Split | Split | Split  | Pos  | Behind | Pos | Behind | Total | Total   | Total  | Pos  | Behind | Pos | Behind |
|---------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
|         | km    | Time  | min/km | Cat. | Cat.   | Men | Men    | km    | Time    | min/km | Cat. | Cat.   | Men | Men    |
| 10 km   | 10.00 | 54:51 | 5:29   | 38   | 12:23  | 218 | 16:17  | 10.00 | 54:51   | 5:29   | 38   | 12:23  | 218 | 16:17  |
| Finish  | 10.00 | 53:39 | 5:21   | 39   | 13:47  | 236 | 18:19  | 20.00 | 1:48:30 | 5:25   | 39   | 25:51  | 230 | 34:36  |