



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Leipold-Scheck, Steffi

Club: BBZ Sonneberg

Number: 233

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:49:14

Speed: 10.99 km/h

Running performance: 5:28 min/km

Rank in course/Total: 268 (of 552)

Rank in course/Women: 31 (of 147)

Best time in course: 1:23:47

Rank in category: 9(of 33)

Best time in the category: 1:31:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	56:34	5:39	9	10:18	34	13:40	10.00	56:34	5:39	9	10:18	34	13:40
Finish	10.00	52:40	5:15	7	7:07	31	11:49	20.00	1:49:14	5:27	9	17:25	31	25:27