



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Breßler, Marko

Club: Erfurt
Number: 277

Course: 20.00 km
20km Strecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:49:31

Speed: 10.96 km/h
Running performance: 5:29 min/km

Rank in course/Total: 271 (of 552)

Rank in course/Men: 239 (of 405)

Best time in course: 1:13:54

Rank in category: 40(of 59)

Best time in the category: 1:15:34

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| 10 km | 10.00 | 55:00 | 5:30 | 38 | 15:43 | 220 | 16:26 | 10.00 | 55:00 | 5:30 | 38 | 15:43 | 220 | 16:26 |
| Finish | 10.00 | 54:31 | 5:27 | 41 | 18:14 | 253 | 19:11 | 20.00 | 1:49:31 | 5:28 | 40 | 33:57 | 239 | 35:37 |