



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Fidelak, Katrin

Club: Selbstläufer

Number: 410

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:49:25

Speed: 10.97 km/h

Running performance: 5:28 min/km

Rank in course/Total: 269 (of 552)

Rank in course/Women: 32 (of 147)

Best time in course: 1:23:47

Rank in category: 2(of 13)

Best time in the category: 1:26:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	57:18	5:43	2	13:29	41	14:24	10.00	57:18	5:43	2	13:29	41	14:24
Finish	10.00	52:07	5:12	2	9:42	24	11:16	20.00	1:49:25	5:28	2	23:11	32	25:38