



## 26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

### Detailed evaluation

**Junker, Dirk**

Club: Bosch Eisenach

Number: 276

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:49:32

Speed: 10.96 km/h

Running performance: 5:29 min/km

Rank in course/Total: 272 (of 552)

Rank in course/Men: 240 (of 405)

Best time in course: 1:13:54

Rank in category: 41(of 59)

Best time in the category: 1:15:34

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	55:01	5:30	39	15:44	221	16:27	10.00	55:01	5:30	39	15:44	221	16:27
Finish	10.00	54:31	5:27	41	18:14	253	19:11	20.00	1:49:32	5:28	41	33:58	240	35:38