



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Krauß, Dominik

Club: Geraberg

Number: 338

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:49:53

Speed: 10.92 km/h

Running performance: 5:29 min/km

Rank in course/Total: 278 (of 552)

Rank in course/Men: 243 (of 405)

Best time in course: 1:13:54

Rank in category: 36(of 56)

Best time in the category: 1:16:17

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	53:29	5:20	31	14:11	192	14:55	10.00	53:29	5:20	31	14:11	192	14:55
Finish	10.00	56:24	5:38	45	19:25	295	21:04	20.00	1:49:53	5:29	36	33:36	243	35:59