



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Schink, Stefan

Club: HNA-Roadrunner

Number: 433

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:50:01

Speed: 10.91 km/h

Running performance: 5:30 min/km

Rank in course/Total: 281 (of 552)

Rank in course/Men: 246 (of 405)

Best time in course: 1:13:54

Rank in category: 26(of 51)

Best time in the category: 1:18:53

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	56:23	5:38	27	16:11	258	17:49	10.00	56:23	5:38	27	16:11	258	17:49
Finish	10.00	53:38	5:21	24	14:57	235	18:18	20.00	1:50:01	5:30	26	31:08	246	36:07