



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Zimprich, Rene

Club: Nordhausen

Number: 340

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:49:43

Speed: 10.94 km/h

Running performance: 5:29 min/km

Rank in course/Total: 274 (of 552)

Rank in course/Men: 241 (of 405)

Best time in course: 1:13:54

Rank in category: 35(of 56)

Best time in the category: 1:16:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	53:29	5:20	31	14:11	192	14:55	10.00	53:29	5:20	31	14:11	192	14:55
Finish	10.00	56:14	5:37	44	19:15	293	20:54	20.00	1:49:43	5:29	35	33:26	241	35:49