



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Schuber, Michael

Club: IFL Frankenwald

Number: 551

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:49:55

Speed: 10.92 km/h

Running performance: 5:30 min/km

Rank in course/Total: 280 (of 552)

Rank in course/Men: 245 (of 405)

Best time in course: 1:13:54

Rank in category: 25(of 51)

Best time in the category: 1:18:53

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	58:07	5:48	32	17:55	294	19:33	10.00	58:07	5:48	32	17:55	294	19:33
Finish	10.00	51:48	5:10	21	13:07	200	16:28	20.00	1:49:55	5:29	25	31:02	245	36:01