



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Möller, Michael

Club: SV Rennsteig

Number: 4

Course: 20.00 km

20km Strecke

Category:

Männer (20-29 Jahre)

Total time: 1:50:09

Speed: 10.89 km/h

Running performance: 5:31 min/km

Rank in course/Total: 284 (of 552)

Rank in course/Men: 248 (of 405)

Best time in course: 1:13:54

Rank in category: 29(of 34)

Best time in the category: 1:13:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	57:19	5:43	31	18:45	277	18:45	10.00	57:19	5:43	31	18:45	277	18:45
Finish	10.00	52:50	5:16	25	17:30	220	17:30	20.00	1:50:09	5:30	29	36:15	248	36:15