



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Weiß, Thomas

Club: SC Motor Zella-M.

Number: 146

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:50:04

Speed: 10.90 km/h

Running performance: 5:30 min/km

Rank in course/Total: 283 (of 552)

Rank in course/Men: 247 (of 405)

Best time in course: 1:13:54

Rank in category: 37(of 56)

Best time in the category: 1:16:17

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| 10 km | 10.00 | 56:02 | 5:36 | 37 | 16:44 | 249 | 17:28 | 10.00 | 56:02 | 5:36 | 37 | 16:44 | 249 | 17:28 |
| Finish | 10.00 | 54:02 | 5:24 | 37 | 17:03 | 247 | 18:42 | 20.00 | 1:50:04 | 5:30 | 37 | 33:47 | 247 | 36:10 |