



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Krause, Malte

Club: 50Hertz

Number: 510

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:51:02

Speed: 10.81 km/h

Running performance: 5:33 min/km

Rank in course/Total: 297 (of 552)

Rank in course/Men: 258 (of 405)

Best time in course: 1:13:54

Rank in category: 27(of 51)

Best time in the category: 1:18:53

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	56:22	5:38	26	16:10	257	17:48	10.00	56:22	5:38	26	16:10	257	17:48
Finish	10.00	54:40	5:28	29	15:59	261	19:20	20.00	1:51:02	5:33	27	32:09	258	37:08