



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Schwarz, Thomas

Club: FPL-Team Schmeheim und Freunde
Number: 587

Course: 20.00 km
20km Strecke

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:50:30

Speed: 10.86 km/h
Running performance: 5:31 min/km

Rank in course/Total: 292 (of 552)

Rank in course/Men: 254 (of 405)

Best time in course: 1:13:54

Rank in category: 38(of 56)

Best time in the category: 1:16:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	59:06	5:54	46	19:48	313	20:32	10.00	59:06	5:54	46	19:48	313	20:32
Finish	10.00	51:24	5:08	31	14:25	194	16:04	20.00	1:50:30	5:31	38	34:13	254	36:36