



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Carl, Maria

Club: Jena

Number: 641

Course: 20.00 km

20km Strecke

Category:

Frauen (20-29 Jahre)

Total time: 1:50:14

Speed: 10.89 km/h

Running performance: 5:31 min/km

Rank in course/Total: 286 (of 552)

Rank in course/Women: 37 (of 147)

Best time in course: 1:23:47

Rank in category: 10(of 24)

Best time in the category: 1:23:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	56:32	5:39	8	13:38	33	13:38	10.00	56:32	5:39	8	13:38	33	13:38
Finish	10.00	53:42	5:22	10	12:51	35	12:51	20.00	1:50:14	5:30	10	26:27	37	26:27