



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Hopf, Kristin

Club: HerzogGeorgNachtlauf

Number: 289

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:51:16

Speed: 10.78 km/h

Running performance: 5:34 min/km

Rank in course/Total: 299 (of 552)

Rank in course/Women: 40 (of 147)

Best time in course: 1:23:47

Rank in category: 4(of 21)

Best time in the category: 1:32:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	56:35	5:39	3	9:40	35	13:41	10.00	56:35	5:39	3	9:40	35	13:41
Finish	10.00	54:41	5:28	4	8:49	43	13:50	20.00	1:51:16	5:33	4	18:29	40	27:29