



26. Rennsteig Herbstlauf  
Masserberg / 02.10.2016

Detailed evaluation

**Bärwolf, Silvia**

Club: Laufftreff Breitung  
Number: 10166

Course: 10.00 km  
10km Strecke

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 51:27

Speed: 11.66 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 41 (of 205)

Rank in course/Women: 7 (of 100)

Best time in course: 40:05

Rank in category: 1(of 3)

Best time in the category: 51:27