



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Hagner, Lutz

Club: SGBlauWeiss Stadtilm

Number: 153

Course: 20.00 km

20km Strecke

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:51:38

Speed: 10.75 km/h

Running performance: 5:35 min/km

Rank in course/Total: 306 (of 552)

Rank in course/Men: 264 (of 405)

Best time in course: 1:13:54

Rank in category: 12(of 28)

Best time in the category: 1:23:45

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	56:49	5:40	11	13:34	266	18:15	10.00	56:49	5:40	11	13:34	266	18:15
Finish	10.00	54:49	5:28	12	14:19	267	19:29	20.00	1:51:38	5:34	12	27:53	264	37:44