



## 26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

### Detailed evaluation

#### Schmidt, Marko

Club: VL 33

Number: 489

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:51:31

Speed: 10.76 km/h

Running performance: 5:35 min/km

Rank in course/Total: 304 (of 552)

Rank in course/Men: 262 (of 405)

Best time in course: 1:13:54

Rank in category: 46(of 76)

Best time in the category: 1:22:39

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	55:26	5:32	41	12:58	232	16:52	10.00	55:26	5:32	41	12:58	232	16:52
Finish	10.00	56:05	5:36	50	16:13	289	20:45	20.00	1:51:31	5:34	46	28:52	262	37:37