



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Krellig, Marcus

Club: Manebach

Number: 526

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:52:23

Speed: 10.68 km/h

Running performance: 5:37 min/km

Rank in course/Total: 315 (of 552)

Rank in course/Men: 273 (of 405)

Best time in course: 1:13:54

Rank in category: 30(of 51)

Best time in the category: 1:18:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
10 km	10.00	58:16	5:49	33	18:04	295	19:42	10.00	58:16	5:49	33	18:04	295	19:42
Finish	10.00	54:07	5:24	26	15:26	248	18:47	20.00	1:52:23	5:37	30	33:30	273	38:29