



# 26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

## Detailed evaluation

**Trautvetter, Karsten**

Club: Bystonic

Number: 505

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:51:46

Speed: 10.74 km/h

Running performance: 5:35 min/km

Rank in course/Total: 307 (of 552)

Rank in course/Men: 265 (of 405)

Best time in course: 1:13:54

Rank in category: 42(of 59)

Best time in the category: 1:15:34

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	57:01	5:42	41	17:44	269	18:27	10.00	57:01	5:42	41	17:44	269	18:27
Finish	10.00	54:45	5:28	43	18:28	265	19:25	20.00	1:51:46	5:35	42	36:12	265	37:52