



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Legenmajer, Markus

Club: SV 04 Oberschönau

Number: 252

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:21:24

Speed: 14.74 km/h

Running performance: 4:04 min/km

Rank in course/Total: 10 (of 552)

Rank in course/Men: 10 (of 405)

Best time in course: 1:13:54

Rank in category: 4(of 61)

Best time in the category: 1:15:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	41:51	4:11	5	2:16	11	3:17	10.00	41:51	4:11	5	2:16	11	3:17
Finish	10.00	39:33	3:57	4	3:09	10	4:13	20.00	1:21:24	4:04	4	5:25	10	7:30