



# 26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

## Detailed evaluation

**Höhn, Stephan**

Club: Simply The Rest

Number: 367

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:52:12

Speed: 10.70 km/h

Running performance: 5:37 min/km

Rank in course/Total: 314 (of 552)

Rank in course/Men: 272 (of 405)

Best time in course: 1:13:54

Rank in category: 48(of 76)

Best time in the category: 1:22:39

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	57:37	5:45	52	15:09	285	19:03	10.00	57:37	5:45	52	15:09	285	19:03
Finish	10.00	54:35	5:27	43	14:43	256	19:15	20.00	1:52:12	5:36	48	29:33	272	38:18