



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Weber, Ingo

Club: Naumburg/Saale

Number: 264

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:52:32

Speed: 10.66 km/h

Running performance: 5:38 min/km

Rank in course/Total: 317 (of 552)

Rank in course/Men: 274 (of 405)

Best time in course: 1:13:54

Rank in category: 31(of 51)

Best time in the category: 1:18:53

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	57:55	5:47	29	17:43	289	19:21	10.00	57:55	5:47	29	17:43	289	19:21
Finish	10.00	54:37	5:27	28	15:56	259	19:17	20.00	1:52:32	5:37	31	33:39	274	38:38