



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Marek, Florian

Club: Urban-Fit Erfurt

Number: 41

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:52:39

Speed: 10.65 km/h

Running performance: 5:38 min/km

Rank in course/Total: 319 (of 552)

Rank in course/Men: 276 (of 405)

Best time in course: 1:13:54

Rank in category: 42(of 56)

Best time in the category: 1:16:17

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
10 km	10.00	56:55	5:41	39	17:37	268	18:21	10.00	56:55	5:41	39	17:37	268	18:21
Finish	10.00	55:44	5:34	41	18:45	282	20:24	20.00	1:52:39	5:37	42	36:22	276	38:45