



# 26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

## Detailed evaluation

**Weiß, Michael**

Club: Schmiedefeld/Rstg.

Number: 266

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:52:57

Speed: 10.62 km/h

Running performance: 5:39 min/km

Rank in course/Total: 323 (of 552)

Rank in course/Men: 280 (of 405)

Best time in course: 1:13:54

Rank in category: 54(of 61)

Best time in the category: 1:15:59

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
10 km	10.00	55:20	5:31	42	15:45	229	16:46	10.00	55:20	5:31	42	15:45	229	16:46
Finish	10.00	57:37	5:45	56	21:13	313	22:17	20.00	1:52:57	5:38	54	36:58	280	39:03