



26. Rennsteig Herbstlauf

Masserberg / 02.10.2016

Detailed evaluation

Keller, Christin

Club: Röthenbach

Number: 604

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:53:04

Speed: 10.61 km/h

Running performance: 5:39 min/km

Rank in course/Total: 328 (of 552)

Rank in course/Women: 45 (of 147)

Best time in course: 1:23:47

Rank in category: 11(of 33)

Best time in the category: 1:31:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
10 km	10.00	58:30	5:50	12	12:14	54	15:36	10.00	58:30	5:50	12	12:14	54	15:36
Finish	10.00	54:34	5:27	11	9:01	41	13:43	20.00	1:53:04	5:39	11	21:15	45	29:17